

Falcon Club Wrestling



Saint Albert will once again be sponsoring Falcon Club Wrestling. The program is open to all students in Pre-Kindergarten-8th grades.

Practice will be on Tuesday and Thursday evenings 6-7:30. We will practice in the wrestling room, attached to the new workout facility (small gym).

First practice will be November 28

Wrestling singlets, or t-shirt and shorts, with no metal zippers or snaps will be fine for practice. Wrestling shoes are preferred, but not required.

If school is not in session, we will not practice.

If you have any questions please contact:

michael_johnson@cargill.com

Please complete and bring the following form to your first practice.

Student Name: _____

Grade: _____

Emergency Contact Number: _____

E-Mail: _____