## Little Falcon Wrestling

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Saint Albert will once again be sponsoring Little Falcon Wrestling. The program is open to all students in Pre-Kindergarten-8th grades.

**Practice will be on Tuesday and Thursday evenings 6-7:30. We will practice in the wrestling room, attached to the small gym.**

**\*Our first practice will be November 28th.**

*Wrestling singlets, or t-shirt and shorts, with no metal zippers or snaps will be fine for practice. Wrestling shoes are preferred, but not required.*

If school is not in session, we will not practice.

If you have any questions please contact:

[michael\_johnson@cargill.com](mailto:michael_johnson@cargill.com) or [ryanp@saintalbertschools.org](mailto:ryanp@saintalbertschools.org)

Please bring the completed form to the first practice on Nov. 28th.

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Student Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade:\_\_\_\_\_\_\_\_

Emergency Contact Number:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-Mail:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_